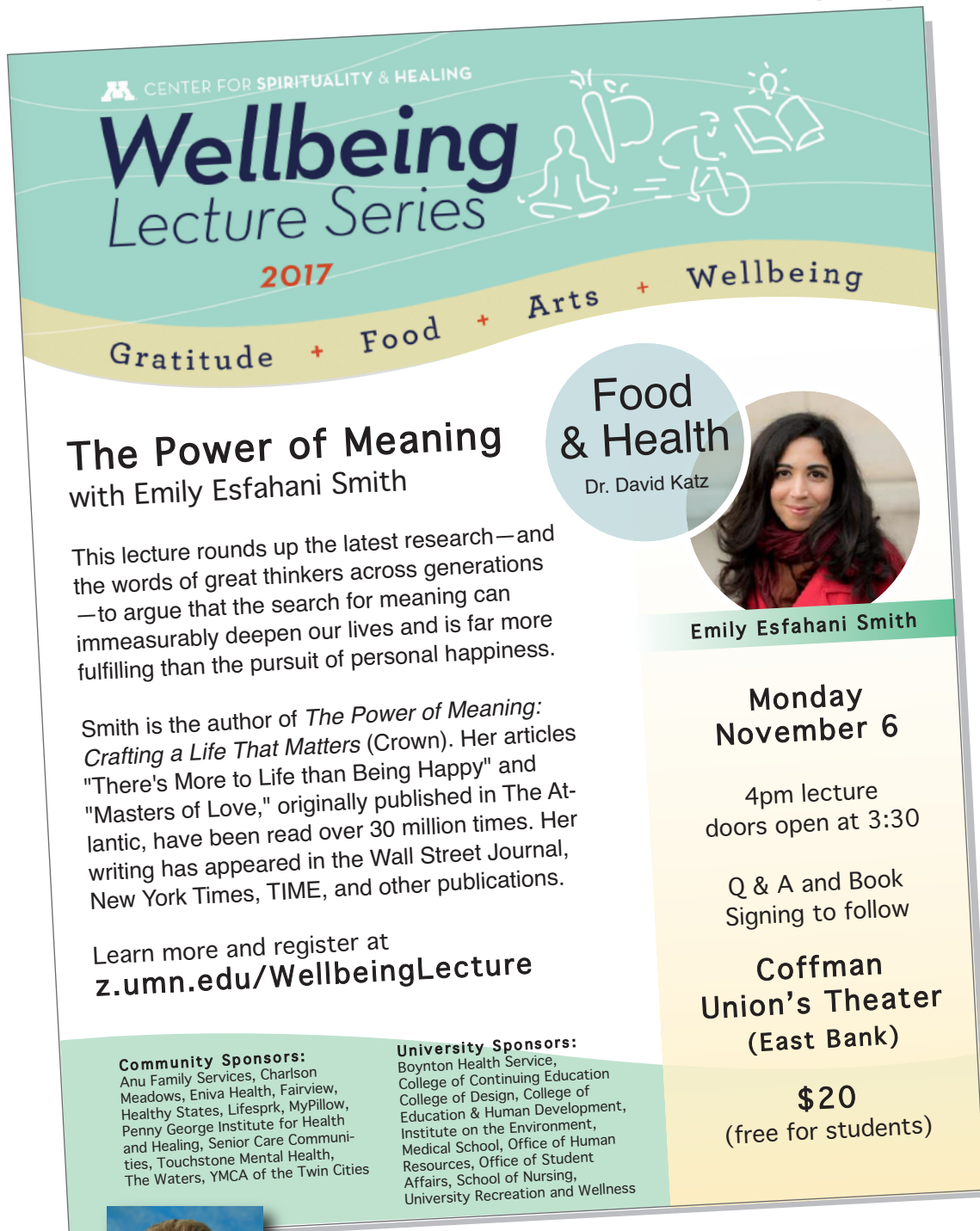


Eniva Health is a Community Sponsor of:



CENTER FOR SPIRITUALITY & HEALING
Wellbeing Lecture Series
2017
Gratitude + Food + Arts + Wellbeing

The Power of Meaning
with Emily Esfahani Smith

This lecture rounds up the latest research—and the words of great thinkers across generations—to argue that the search for meaning can immeasurably deepen our lives and is far more fulfilling than the pursuit of personal happiness.

Smith is the author of *The Power of Meaning: Crafting a Life That Matters* (Crown). Her articles "There's More to Life than Being Happy" and "Masters of Love," originally published in The Atlantic, have been read over 30 million times. Her writing has appeared in the Wall Street Journal, New York Times, TIME, and other publications.

Learn more and register at
z.umn.edu/WellbeingLecture

Food & Health
Dr. David Katz

Emily Esfahani Smith

Monday November 6
4pm lecture
doors open at 3:30
Q & A and Book Signing to follow
Coffman Union's Theater (East Bank)
\$20
(free for students)

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Save the date and join us for this exciting event!

To receive your discounted tickets as a part of the Eniva Community, go to z.umn.edu/wellbeinglecture click on "Register Now" then enter ENIVA in the Promotional Code box on the left. Enter quantity of tickets desired, then check out. We look forward to seeing you there!



"Eniva is excited to help bring Emily Esfahani Smith to this lecture series. Her timely message on the significance that living a life of meaning has on our health and wellbeing advances the major goal of the Center for Spirituality and Healing. Eniva sees its sponsorship of the Lecture Series as an important way to increase wellness awareness within our local community." —Andrew Baechler, CEO