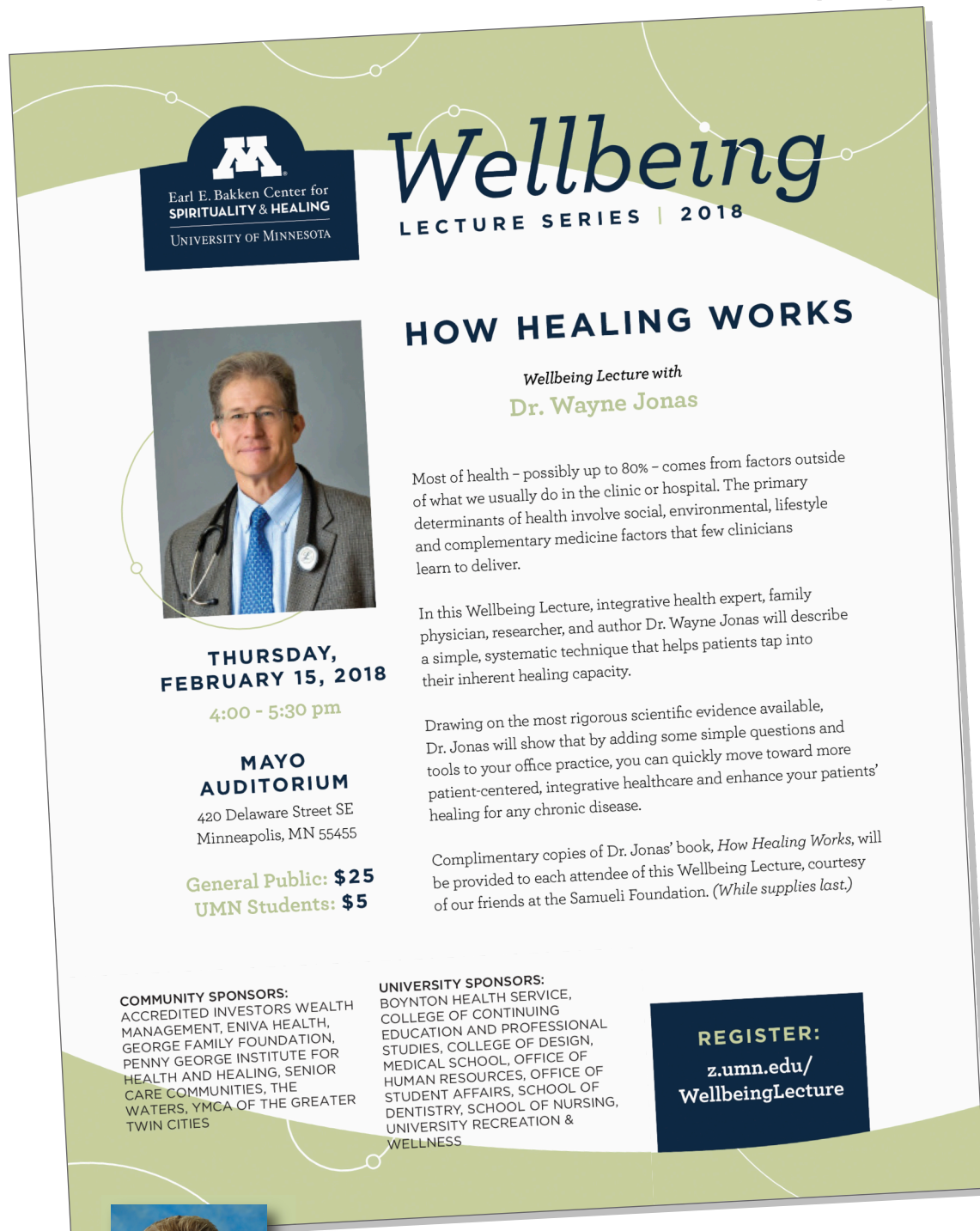


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Earl E. Bakken Center for SPIRITUALITY & HEALING
UNIVERSITY OF MINNESOTA

Wellbeing

LECTURE SERIES | 2018

HOW HEALING WORKS

Wellbeing Lecture with
Dr. Wayne Jonas



**THURSDAY,
FEBRUARY 15, 2018**
4:00 - 5:30 pm

MAYO AUDITORIUM
420 Delaware Street SE
Minneapolis, MN 55455

General Public: \$25
UMN Students: \$5

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REGISTER:
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Most of health – possibly up to 80% – comes from factors outside of what we usually do in the clinic or hospital. The primary determinants of health involve social, environmental, lifestyle and complementary medicine factors that few clinicians learn to deliver.

In this Wellbeing Lecture, integrative health expert, family physician, researcher, and author Dr. Wayne Jonas will describe a simple, systematic technique that helps patients tap into their inherent healing capacity.

Drawing on the most rigorous scientific evidence available, Dr. Jonas will show that by adding some simple questions and tools to your office practice, you can quickly move toward more patient-centered, integrative healthcare and enhance your patients' healing for any chronic disease.

Complimentary copies of Dr. Jonas' book, *How Healing Works*, will be provided to each attendee of this Wellbeing Lecture, courtesy of our friends at the Samueli Foundation. (While supplies last.)

Save the date and join us for this exciting event!

To receive your discounted tickets as a part of the Eniva Community, go to z.umn.edu/wellbeinglecture click on "Register Now" then enter ENIVA in the Promotional Code box on the left. Enter quantity of tickets desired, then check out. We look forward to seeing you there!



"Eniva is excited to help bring Dr. Wayne Jonas to this lecture series. His timely message on patient-centered, integrative healthcare and healing for any chronic disease advances the major goal of the Center for Spirituality and Healing. Eniva sees its sponsorship of the Lecture Series as an important way to increase wellness awareness within our local community." —Andrew Baechler, CEO

